

INFORMATION Sheet for
Sunday, March 14, 2010

I/We attended the: *(choose one or both, as applies)*

- 8:30 Praise Worship**
 11:00 Traditional Worship

Name _____

- I am a first time visitor.**
 I would like more information about the church.
 I would like a pastor to call.
 I am just visiting today and prefer not to be contacted.

Address *(if new to our congregation or to change an address)*

Email _____

I/we cannot receive the Circuit Rider by email
(MVUMC is encouraging email communication whenever possible. If we have your email address, you will be receiving email information, unless we hear otherwise from you. Thanks.)

Home telephone # _____

Cell # _____

Children attending with you today:

PRAYER REQUESTS

List this prayer (check all that apply)

- Public (i.e. email prayer chain, bulletin & newsletter)
 Private (pastors only)

How long would you like this listed? *(Max 4 weeks, but you may renew your request at that time for those with extended illnesses.)*

- 1 wk 2 wks 3 wks 4 wks

We appreciate your help in keeping us updated!

**Prayer shawls / lap quilts are available. Contact the church office (895.6286) or Barb Shepley (895.6566) if you would like to share one with someone in need.

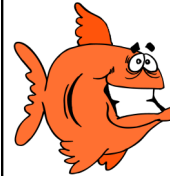
Please place the Information Sheet in the offering basket.

Opportunities for Service

Salt and Light Outreach Ministry

- Please let us know if you have, or know of someone who has, a special situation in which reaching out to provide a meal or meals would make a difference in someone's life.

For more information, please call the church office (895.6286).



Coming soon! Lenten Fish Fry (Friday, March 26)
Sign up to help make this event a success!
Food and Dining Room Help needed...

- Food preparation 2:00 to 4:00 pm
 Kitchen & dining room help 4:30 to 6:00 pm
 Kitchen & dining room help 6:00 to 7:30 pm
 Clean up 7:00 to 8:30 pm

Name _____ Telephone _____

To donate food items, check sign-up sheets in the narthex.

The MVUMC Stewardship Team is looking for more team members! If you have a heart for stewardship, please join the team!

Have questions or need more information?
Contact Ruth Miler (895.8915) or rsmiller@q.com
OR, speak with Pastor Frank or Pastor Becky.



Yes! I am interested in joining the Stewardship Team.

I would like some more information about the Stewardship Team.

Name _____ Phone: _____



On **April 6th**, our church will be providing lunch for **120-150** homeless (or needy) men & women at **Mission of Hope** in Cedar Rapids. If this sounds like something you would like to be a part of, please signup! For more information, contact Carrie Nichols (895.6286) or Sue Owen-Anton (895.2345). **YES! I would like to help:**

- Lasagna—need 7 more pans! Monetary donation (check payable to **MVUMC/ MOH** on memo)
- Heads of lettuce—need 4 more!
- Cherry tomatoes—need 2 doz!
- Garlic bread—need 6 more loaves!
- Dessert bars (dozen)—need 16 doz!
- Prepare food in MVUMC kitchen
- Serve food at Mission of Hope

Thank you to all who have signed up to help. Everyone who has volunteered to help will be called as the date nears.

Name _____ Telephone _____

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